

Belmont/Caregivers-Only SG 1st
Thui 12:00PM-2:00PM Library
Silverado Senior Living 1301 Ralston
Ave Steven Russell 650.995.6379(c)
650.724.6090(o)
stevenwrussell@gmail.com
Marguerite Manteau Rao, LCSW.
Please contact leader before
attending.

Berkeley /Caregivers SG 4th Thu
3:00PM-4:00PM North Berkeley
Senior Ctr 1901 Heartst Ave Roddy
Raikow 510.231.1998
roddyraikow@att.net
Berkeley /PD Active SG 3rd Thu 3-
5PM Community Room, 2nd floor,
1499 Alcatraz Ave Contact
510.525.1623 support@pdactive.org

Eureka SG 2nd Fri 3:00PM-4:00PM
Adorni Center 1011 Waterfront Dr
Mary and Bob Kay 707.442.5245
immaryk@suddenlink.net

Fremont SG 4th Mon 7PM Fremont
Senior Center 40086 Paseo Padre
Pkwy Lettie Webb 510.656.6393
Fremont/Caregivers SG 2nd Mon,
4th Mon 1PM-2:30PM City Hall-Bldg
B Large Conference Rm 3300 Capitol
Ave Nancy Rothschild 510.574.2035

Fresno (greater) SG 2nd Sat 10AM-
12Noon except Aug/Nov The Bridge
Evangelical Free Church 3438 E.
Ashlan Ave Barbara Burmeister
559.322.8076
BBurmeister@sierratel.com
www.fresnoparkinsons.org

Gilroy SG 2nd Mon 1:00PM-3:00 PM
Merrill Gardens 7600 Isabella Wy
Randy Rodriquez 408.848.2240
roul36@verizon.net Eleanor Sherman
408.836.7002 oldcoop1@aol.com

Hollister SG 1st Tue 1:30PM-3:30PM
Jovenes De Antaño 300 West St Kim
Harman 831.637.6700
k_harman.adrc@yahoo.com

Lodi SG 1st Mon 10:00AM Temple
Baptist Church Prayer Room 801 S
Lower Sacramento Rd Betty
Weatherman 209.333.9290
lodibetty@comcast.net

Los Altos/Mid Peninsula
Caregivers SG Last Tue (x Dec)
10:30-12:00 Neutra House 181
Hillview Ave Robin 650.949.4207
contact as dates may change
rmkatsaros@yahoo.com (pref.)
Los Altos/Young Parkinson's SG
2nd Sat 10:00AM-12Noon United
Methodist Church 655
Magdalena Ave Dean Prescott
408.738.2505 deanp53@yahoo.com

Menlo Park/Stanford PD
Caregivers-Only SG 2nd Fri Noon-
1:30PM and 3rd Tue Noon-2:00 PM St
Bede's Episcopal Church Wyatt Hall
Mtg Room 2650 Sand Hill Rd Menlo
Park (enter on Monte Rosa) Robin
Riddle, APDA I&RC 650.724.6090
riddle@stanford.edu. Marguerite
Manteau Rao, LCSW. Please contact
leader before attending.

Merced SG 3rd Thu (xDec) 10:00AM
Mission Gardens 1450 E. 27th St
Amie Marchini 209.384.3300

Millbrae/Magnolia-Peninsula SG
2nd Thu 1:30PM-3:00PM Magnolia
Apartments 201 Chadbourne Ave
Dorothy McAfee 650.583.2332

Mill Valley/Marin County SG 4th Tue
1:00PM-3:00PM Redwoods
Auditorium 40 Camino Alto Eric
Stoelting 415.383.5145

Modesto SG 3rd Wed 1:30PM-
3:00PM Fireside Rm Centenary
United Meth. Ch. 1911 Toyon Ave
David & Joann Ryan 209.529.5643
davejoann@sbcglobal.net

Monterey SG 3rd Tue 3:00PM-
4:30PM Sally Griffin Senior Center
700 Jewell Ave Pacific Grove Kathy
Warthan 831.372.7510 Helen Garrett
831.657.4241

Napa Young Onset SG 4th Sun 3:00
PM Covenant Presbyterian Church
1226 Salvador Ave Joe Burger
707.294.2475
jeburger3@comcast.net. All
welcome-regardless of age at
diagnosis

Oakhurst SG 2nd Tue 10:00AM
Yosemite Bank Community
Conference Room 40061 Highway
49 Call 559.760.0268 Please be
prompt-join us for lunch after mtg

Oakland/East Bay Parkinson's SG
2nd Thu 12:45PM-2:45PM N Oakland
Sr Ctr 5714 Martin Luther King Jr Wy
Roddy Raikow 510.231.1998
roddyraikow@att.net Karen
Eagan 510.763.4492

Palo Alto SG 2nd Wed 2:00PM-
3:30PM Avenidas Senior Ctr 450
Bryant St Robin Riddle, APDA I&RC
650.724.6090 riddle@stanford.edu
Judith Webb/Avenidas
650.289.5436 jwebb@avenidas.org
Palo Alto/ Young Onset SG open to
anyone diagnosed with PD before age
50 2nd Tue 6:30PM-8:00PM Board
Rm Lucile Packard Children's Hosp.
725 Welch Rd Martha Gardner
408.464.8718 mgapda@gmail.com

Petaluma SG Fri 1:00PM-3:00PM
Petaluma Senior Center (Lucchesi
Pk) 211 Novak Dr Pearl Sorenson
707.795.4858 Ann Clark
707.823.7523
annibbanani@gmail.com



SM

Support Groups: Northern and Central California

Parkinson's Patients Support Groups, Inc.

PO Box 60188

Sunnyvale CA 94088-0188

408.542.5610 www.ppsg.org

ppsginfo@yahoo.com

NOTE: Please do not use this
information for solicitations. The
information is for the exclusive use of
patients, caregivers and medical
practitioners. Always verify meeting
times and locations prior to attending,
as they often change. The most current
information is always available at
www.ppsg.org

Are you or a loved one attending a
Parkinson's Support Group that we
don't have listed? Please let us know.
Contact us at ppsginfo@yahoo.com
or by phone at 408.542.5610. Thanks
for helping us to discover new
resources for the Parkinson's
community.

May2012

Placerville/EI Dorado County SG
1st Tue 1:30PM-3:00PM Senior
Center Dining Rm 937 Spring St Tom
& Nancy Schulz 530.644.3473
macschulz@aol.com

Pleasanton Tri-Valley SG 2nd Sat
10:00AM-12Noon Pleasanton Senior
Center 5353 Sunol Blvd Norman &
Jackie Bardsley 925.831.9940
inbard@pacbell.net

**Rio Vista Trilogy Movers and
Shakers SG** Group meets TH every
4 weeks or so at 7PM Call for location
date and directions. Audrey Kinser
707.374.7506 Kinser2@frontiernet.net

Roseville SG 1st Tue 1:30PM-
3:00PM Maidu Community Center
1550 Maidu Dr Harry Butler
916.837.3366 hapbutler@comcast.net

Sacramento /Arden Arcade SG 4th
Fri (no mtg Nov) 10:00AM Carlton
Plaza 3rd floor craft room 1075 Fulton
Ave Berardine Ford 916.247.4856 Jim
Morris 916.359.4859

Salinas SG 2nd Tue 11:00AM-12:00
PM stretch program after meeting
Salinas Adult School 20 Sherwood Pl
Helena Fox 408.656.4763
helena.fox@salinasuhsd.org

San Andreas/Calaveras County SG
1st Tue 10:00AM-12Noon Calaveras
Central Library 1299 Gold Hunter Rd
Rd Barbara Pollard 209.754.5360 Joe
Fleishman 209. 728.8605
jastajoe35@sbcglobal.net
www.proactiveparkinsons.org

San Francisco/AlmaVia SG 1st Fri
1:30PM-2:30PM AlmaVia Living
Room 1 Thomas More Wy Sister Joan
O'Donnell 415.337.1339x470
San Francisco DBS SG 2nd Thu
6:00PM-8:00PM every other month
UCSF MDC 1855 Folsom St Room
126 Lee Schwager

sensitivelee@yahoo.com (email
preferred) 415.601.6456
**San Francisco/PD Patient and
CaregiverSG** 3rd Tue 4:00PM-
5:30PM SF VA Bldg 200 Rpp, 1A-122
"Teak Room" 4150 Clement St Susan
Heath, RN MS 415.379.5530
susan.heath@va.gov
[http://www.parkinsons.va.gov/SanFra
ncisco/Support_Group.asp](http://www.parkinsons.va.gov/SanFrancisco/Support_Group.asp)

**San Jose/The Atrium Parkinson's
SG** Last Tue 10:15AM 1009 Blossom
River Wy Marcia Fasbinder, MS
408.445.7770

San Jose/Berryessa SG 3rd Wed
1:00PM-2:30PM Berryessa
Community Center 3050 Berryessa
Rd Bob & Jane Pomeroy
408.263.8485

San Jose/Caregivers SG 4th Wed
1:30PM-3:30PM St. Francis
Episcopal Church 1205 Pine Ave
Charmaine Eng 408.723.8116

San Jose/Willow Glen SG 1st Fri
10:00AM-12 Noon St. Francis
Episcopal Church 1205 Pine Ave
Jane Fox 408.265.3991

San Jose/The Villages SG 3rd Tue
2:00PM The Villages Golf and
Country Club George Pratte
408.223.8033 Access Pass Required
**San Jose/The Villages Caregiver
SG** 1st Wed 11:15AM-12:15PM The
Villages Golf and Country Club Alice
Pratte 408.223.8033 Access Pass
Required

**San Leandro Parkinson's Disease
and Information SG** 1st Thu
10:00AM-11:30AM [San Lorenzo](mailto:SanLorenzo)
Community Church 945 Paseo
Grande Lona White 510.276.3119
Norma Zeff (emerita) 510.663.6435

**San Mateo/Atypical Parkinsonism
Caregiver SG** Sun 5-7PM
approximately every 6 weeks-for
caregivers helping those living with
PSP,CBD, MSA and DLB, For
meeting location, contact Robin
Riddle 650.814.0848
riddle@stanfordalumni.org

Santa Cruz/Small Group 1st Wed
11:00AM-12:00 Noon St Stephen's
Lutheran Church Fireside Room Mary
Haynes 831.477.9412
marykhaynes@gmail.com
Santa Cruz SG 1st Wed 12:30PM-
2:00PM St. Stephen's Lutheran
Church 2500 Soquel Ave David
Donahoe 831.479.4485
djdonahoe@comcast.net
Mary Haynes 831.477.9412
marykhaynes@gmail.com

Santa Rosa/Sonoma County SG 1st
Sat (xAug/Dec, then 2nd Sat-no
Jan/Jul/Sep) 1:00PM-3:00PM Christ
Church United Meth Church 1717
Yulupa Ave Kathy Osbun
707.538.5178 osbun@aol.com
George Irizaray irizaray@juno.com

Saratoga SG 3rd Tue 2:00PM-
4:00PM Lois McPherson
408.867.1807

Stockton SG 2nd Thu 1:30PM
O'Connor Woods West Hall 3400
Wagner Heights Rd Mary Ann
Behrens 209.477.6496
mbehrens64@gmail.com

Sunnyvale SG 2nd Tue 1:00PM-
3:00PM First United Methodist Church
535 Old San Francisco Rd Call
408.733.5648

Sunnyvale/DBS SG 3rd Wed
1:00PM-2:30PM Parkinson's Institute
and Clinical Ctr 675 Almanor Ave Call
408.542.5610 [DBSsupport-
group@ppsg.org](mailto:DBSsupport-group@ppsg.org) Please RSVP if new
to the group.

**Turlock/Parkinson's Patients and
CarePartners SG** 2nd Wed 1:00PM
Covenant Village Berg Conf Room
2125 N Olive Ave Ken Patterson
209.656.6903 kwpret92@yahoo.com
Karen Barstow, Secretary
209.668.4855 jkbar@fire2wire.com

Vacaville SG 1st Sat (unless holiday
then 2nd Sat) 1:30PM-3:00PM
Community Presbyterian Church 425
Hemlock St Theresa Pate
707.642.2173 Molly Leavitt
707.642.3763

Vallejo SG 1st Sat 10:00AM-11:30AM
Community Presbyterian Church
Room 2 2800 Georgia St Theresa
Pate 707.642.2173 Molly Leavitt
707.642.3763

**Visalia/Central Valley Parkinson's
SG** 1st Fri 10:30AM United Methodist
Church 5200 W. Caldwell Ave Marilyn
Swanson 559.732.1056
tmsswanson@comcast.net

**Walnut Creek/Parkinson's Network
of Mt Diablo SG** 3rd Sat 10:00AM-
Noon Grace Presbyterian Church
2100 Tice Valley Blvd Ronalee Spear
925.284.2189 Ronnie Wanetick
925.933.6357

lhwanetick@aol.com www.pnmd.net
**Walnut Creek/Parkinson's Network
of Mt Diablo YOPD SG** 3rd Sat
9:00AM-10:00AM Grace Presbyterian
Church 2100 Tice Valley Blvd Krystin
Radke 925.336.9554
krystinradke@yahoo.com Ronnie
Wanetick 925.933.6357
lhwanetick@aol.com www.pnmd.net

Yuba City SG 2nd Mon 1PM
Sutter Medical
969 Plumas St Ste 208 Sandra Haase
530.751.2589
haase2589@yahoo.com

April 2012