



Parkinson's Patients Support Groups, Inc.

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AN END OF YEAR MESSAGE FROM THE PPSG BOARD OF DIRECTORS

Dear Valued Reader:

As you might expect with the current economic news, PPSG continues to receive fewer and smaller donations. In normal times our contributions have been sufficient to cover the costs of newsletter printing and mailing. While we expect the economy to recover soon, at present donations are not covering our costs.

PPSG is an entirely volunteer organization. Newsletter printing and mailing remain our two major expenses. While we have reduced the number of pages and issues, we still have not been able to avoid dipping into our reserve funds. We have several suggestions to help balance our books and keep PPSG thriving:

- 1) **Donations.** Please think of PPSG when making your end-of-year donations. We have been providing our newsletter and support services for those in the Parkinson's community, their care partners and families for almost 30 years. With your donation, we can maintain our services for the next 30 years and beyond. Please include an address label in the donation envelope so that we may properly acknowledge your donation.
- 2) **Volunteer.** We understand how difficult it may be to contribute to PPSG at this time. Please consider volunteering on our Board of Directors, in tracking donations, mailing acknowledgments, keeping track and advising our webmaster and newsletter editors of support group activities, events of interest to the PD community and exercise classes for those with PD, assisting with PPSG-sponsored or hosted events, publicity and so much more. Please include a short note in the donation envelope detailing areas of interest, availability, etc. We would love to have your help!
- 3) **Subscribe Electronically.** You will receive an e-mail message from our webmaster when the newsletter is posted on the website or when we receive events after the newsletter deadline. Please add an "E" somewhere on the face of your address label, include your e-mail address (please print legibly) on the back and mail in the return envelope.
- 4) **Advise address updates or if you no longer read the newsletter.** No longer wish to receive the newsletter? Please write "cancel" somewhere on the face of the address label and mail in the return envelope. Each unwanted mailing cancelled allows us to provide a copy to those wishing to receive the newsletter while reducing our expenses overall. Our most rapidly growing expense is updating the database when advised by the Post Office of a member's new address. Please let us know when you move and be assured of reading the latest news in the PD community.

For almost 30 years, PPSG's newsletter has provided, at no charge, information and support to our local Parkinson's community. With your help, valued reader, PPSG will continue to do so for many years to come.

Best of health and good fortune in the holiday season and the coming year.

Board of Directors

Parkinson's Patients Support Groups, Inc. (PPSG)

Supporting the Parkinson's Community Since 1981