

A LIFE SHAKEN
My Encounter with Parkinson's Disease

Joel Havemann, 2002, The Johns Hopkins University Press, 181 pages, \$10.17, Amazon, 5 stars

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Foreword by Stephen G. Reich, M.D, director of the Parkinson's Disease Center at the Johns Hopkins Medical Institutions

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On the back cover:

"Joel Havemann has focused his clear journalist's eye on the science and history of Parkinson's disease –and on his own affliction with it. This is a highly readable and informative book, as one might expect from a top Washington editor. It's also a human story told vividly, but also with detachment and wit. It's a book that everyone interested in Parkinson's-patients, loved ones, doctors, researchers and activists-will want to read." Morton Kondracke, author of *Saving Milly: Love, Politics, and Parkinson's Disease*

"Joel Havemann has looked Parkinson's disease in the eye and fought back. The result is A Life Shaken. Havemann describes his experience with Parkinson's with a mixture of hope and reality that should appeal even to those who have never heard of the disease. The million Americans who have the illness will find useful information about it, in easily accessible form." David Laventhol, publisher of the *Columbia Journalism Review* and member of the Board of Governors of the National Parkinson Foundation.

"By combining his personal experience with Parkinson's disease with his skills as a journalist, Mr. Havemann has turned out a lively narrative that not only has the potential to touch people personally but also provides a masterfully clear explanation of how the brain works and, moreover, everything about Parkinson's disease from its history through all clinical aspects, treatment, and research."
Stephen G. Reich, M.D.