

A PPSG BOOK SNAPSHOT

Shaking Up Parkinson Disease; Fighting Like a Tiger, Thinking Like a Fox

“A Book for the Puzzled, the Hopeful, the Willing, and the Prepared.”

Abraham Lieberman, MD

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Preface, About the Author, Dedication

Table of Contents:

Chapter 1:	Parkinson: A Disease of Moving
Chapter 2:	A Disease of Moving-Again
Chapter 3:	You'll Be Surprised by Who Gets It
Chapter 4:	The Autonomic Nervous System: You Cannot Live Without I
Chapter 5:	Parkinson Like Diseases: Diseases Mistaken for Parkinson
Chapter 6:	The Causes of Parkinson Disease
Chapter 7:	Parkinson and Anxiety
Chapter 8	Depression in Parkinson Disease
Chapter 10	Treating Parkinson-What Science Can Do
Index	

From back cover:

Emphasizes part of the Preface: “Each day, every day, people wit Parkinson disease awaken trapped in their bodies. They move slowly, their limbs are stiff, their hands shake.” and their legs won't follow their brains' commands. For these people, there is hope and help, both offered in this important new book.

The book explains Parkinson-how it's recognized, what causes it, who gets it, practical strategies for dealing with the disease, when and how to get help, and much more. The author shows how patients at all stages of the disease can maintain their quality of life, by using patient case studies, facts about the disease, a survey that assesses quality of life , and Biblical references.

Abraham Lieberman, MD, is an internationally recognized expert on Parkinson disease and is the author of five books on the topic. He is the National Medical Director of the National Parkinson Foundation and Professor of Neurology at the University of Miami.

He has an interactive web site, www.parkinson.org, that answers questions about Parkinson disease, and is viewed by 10.000 people each day.

Jones and Bartlett Publishers
40 Tall Pine Drive
Sudbury, MA 01776
info@jbpub.com

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