

A PPSG Book Snapshot

The Parkinson's Disease Treatment Book

Partnering with Your Doctor to Get the Most from Your Medications

2005 J. Eric Ahlskog, M.D., Mayo Clinic Parkinson Specialist
Oxford University Press, 532 pages, hardcover, \$35.00

From front cover:

The Parkinson's Disease Treatment Book, "Easy to understand guidance on the right drugs and doses to control tremors, stiffness, and slowness", "Effective diet and nutrition strategies", "Advice on treating anxiety, depression, sleep problems, dizziness, and sexual dysfunction"

From back cover: The first of four commentaries

"Eric Ahlskog of the Mayo Clinic is one of the country's leading experts on Parkinson's Disease.. His book, The Parkinson's Disease Treatment Book, is comprehensive and informative and will be a welcome addition to the library of patients with Parkinson's Disease and their caregivers." Nathan Slewett, Chairman Emeritus, National Parkinson Foundation

From inside back cover:

"J. Eric Ahlskog, M.D., is Professor of Neurology at the Mayo Medical School, and Chair of the Mayo Section of Movement Disorders, Mayo Clinic, Rochester, Minnesota. Widely considered to be the leading authority on this disorder, he has more than twenty years of experience treating people with Parkinson's Disease, both in the clinic as a full-time, patient-seeing neurologist, and as a clinical-investigator, responsible for PD protocols."

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