

A Wheelchair Rider's Guide San Francisco Bay and the Nearby Coast

From front cover: Bonnie Lewkowicz , A COASTAL CONSERVANCY BOOK
2006, 194 pages. Available **FREE** by calling 510/286-1015 and also on the Coastal Conservancy
website: www.scc.ca.gov

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From back cover: Many natural areas, parks, urban waterfronts, and hundreds of miles of trails along the California coast and on the San Francisco Bay are now accessible to wheelchair riders and others with limited mobility. This book describes more than a hundred beautiful and interesting sites around the entire bay and on the ocean between Point Reyes and Santa Cruz. You will find opportunities to watch birds and other wildlife, picnic on blufftops and on shaded lawns by the water, camp on an island, fish off piers, watch sunsets over the surf, learn about the region's natural and human history, and enjoy yourself in many other ways.

Too often, wheelchair riders hesitate to explore far from home because they don't know about barrier-free routes and the availability of restrooms and other facilities. The Coastal Conservancy funded this guide as part of its public access program, to encourage greater enjoyment of the natural riches we all hold in common.