

PPSG Snapshots of Three Free Booklets
from the National Parkinson Foundation

Parkinson's Disease: What You and Your Family Should Know – 3rd Edition

Edited by Gale Kittle, RN, MPH, St. Joseph's
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Institute, Phoenix, Arizona

8th printing 07/06, 45 pages, paperback, **FREE**

Chapters:

- 1: Parkinson's Disease: A Basic Understanding
 - 2: Medical and Surgical Treatment Options
 - 3: Staying Well with Parkinson's Disease
 - 4: Taking Charge of Your Health Care
 - 5: Accepting and Adapting to PD
 - 6: Special Concerns of Persons with Young Onset Parkinson's Disease
- Appendix A: Glossary
Appendix B: NPF Education Series
Appendix C: Resources

Parkinson Disease:

Caring and Coping – 6th Edition

By Susan Imke, RN, MS; Tudy Hutton, JD; and
Susan Loftus, RN, MSN

06/06, 72 pages, paperback, **FREE**

A Fresh Perspective by Chaplain Chuck Meyer, St.
David's Medical Center – Austin, Texas

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| Chapter 1 | Parkinson Partners |
| Chapter 2 | The Extended Family |
| Chapter 3 | Activities of Daily Living |
| Chapter 4 | Taking Care of Business |
| Chapter 5 | Building a Support Network |
| Appendix A | Caregiver Glossary |
| Appendix B | Reference Library |
| Appendix C | Health Agencies & Community
Resources |
| Appendix D | Internet Websites |

Parkinson Disease: Speech and Swallowing - 2nd Edition

Author: Marjorie L. Johnson MA/CCC-SLP
Struthers Parkinson's Center
Minneapolis, MN

2nd Printing – 12/05, 23 pages, paperback, **FREE**

Introduction:

Chapters:

- 1: Speech and Communication Challenges
 - How do I know if I have a speech problem?
 - Exercises for speech and voice
 - 2: Swallowing Changes
 - How do I know if I have a swallowing problem?
 - Tips for better swallowing
 - 3: Getting the help you need
 - How do I find a speech-language pathologist?
 - What is the Lee Silverman Voice Treatment?
 - What happens in therapy?
 - 4: Memory and Thinking Changes
- Appendix A: Resources
Appendix B: Anatomy of Speech Production
Appendix C: Anatomy of Swallowing

From all back covers:

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